

Supplementary material for:

Vainik U, Han JE, Epel E, Tomiyama AJ, Dagher A, Mason A. Rapid Assessment of Reward-Related Eating: The RED-X5. 2018. *Obesity*. Materials available at: <https://osf.io/bd3mg/>

The Reward Based Eating Drive (RED) Scale

DIRECTIONS: Please read every question and indicate how much you agree or disagree.					
① Strongly Disagree	② Disagree	③ Neither Agree nor Disagree	④ Agree	⑤ Strongly Agree	
1. When I start eating, I just can't seem to stop			①	②	③
2. When it comes to foods I love, I have no willpower			①	②	③
3. I don't get full easily			①	②	③
4. I have days when I can't seem to think about anything else but food			①	②	③
5. Food is always on my mind			①	②	③

The Reward Based Eating Drive (RED) Scale

- Sum items to generate a total score